

**बेनीघाट रोराड ग्रामीण खानेपानी व्यवस्थापन बोर्ड**  
**सव-ईन्जिनियर (पाँचौ) पदको पाठ्यक्रम**  
**वस्तुगत तथा विषयगत पाठ्यक्रम**

पूर्णाङ्क -१००  
उत्तीर्णाङ्क -४०

पद :- सव-ईन्जिनियर  
तह :- पाचौ

**1. Surveying**

**1.1 General**

- 1.1.1 Principle and types of surveying
- 1.1.2 Units, scales and maps
- 1.1.3 Field books and Level books

**1.2 Levelling**

- 1.2.1 Principles and methods of levelling
- 1.2.2 Levelling instruments and accessories

**1.3 Theodolite and Traverse surveying**

- 1.4.1 Basic difference between different theodolites
- 1.4.2 Temporary adjustments of theodolites
- 1.4.3 Fundamental lines and desired relations
- 1.4.4 Tacheometry: stadia method
- 1.4.5 Trigonometrical levelling
- 1.4.6 Checks in closed traverse

**1.4 Contouring**

- 1.5.1 Characteristics of contour lines
- 1.5.2 Method of locating contours
- 1.5.3 Contour plotting
- 1.6 Setting Out: Small buildings and Simple curves

**2. Construction Materials**

**2.1 Stone**

- 2.1.1 Formation and availability of stones in Nepal
- 2.1.2 Methods of laying and construction with various stones

**2.2 Cement**

- 2.2.1 Different cements: Ingredients, properties and manufacture
- 2.2.2 Storage and transport
- 2.2.3 Admixtures

**2.3 Clay and Clay Products**

- 2.3.1 Brick: type, manufacture, laying, bonds

**2.4 Paints and Varnishes:** Type and selection; preparation techniques and use

**2.5 Bitumen:** Type, selection and use

**3. Mechanics of Materials and Structures**

**3.1 Mechanics of Materials**

- 3.1.1 Internal effects of loading
- 3.1.2 Ultimate strength and working stress of materials

**3.2 Mechanics of Beams**

- 3.2.1 Relation between shear force and bending moment

3.2.2 Shear and bending moment diagrams for statically determinate beams under various types of loading

### **3.3 Simple Strut Theory**

## **4. Hydraulics**

### **4.1 General**

4.1.1 Properties of fluid: mass, weight, specific weight, density, specific volume, specific gravity, viscosity

4.1.2 Pressure and Pascal's law

### **4.2 Hydro-Kinematics and Hydro-Dynamics**

4.2.1 Energy of flowing liquid: elevation energy, Kinetic energy, potential energy, internal energy

### **4.3 Measurement of Discharge**

4.3.1 Weirs and notches

4.3.2 Discharge formulas

4.4 Flows: Characteristics of pipe flow and open channel flow

## **5. Soil Mechanics**

### **5.1 General**

5.1.1 Soil types and classification

5.1.2 Three phase system of soil

5.1.3 Unit Weight of soil mass: bulk density, saturated density, submerged density and dry density

5.1.4 Interrelationship between specific gravity, void ratio, porosity, degree of saturation, percentage of air voids air content and density index

### **5.2 Soil Water Relation**

5.2.1 Terzaghi's principle of effective stress

5.2.2 Darcy's law

5.2.3 Factors affecting permeability

### **5.3 Compaction of soil**

5.3.1 Factors affecting soil compaction

5.3.2 Optimum moisture content

5.3.3 Relation between dry density and moisture content

### **5.4 Foundation Engineering**

5.4.1 Terzaghi's general bearing capacity formulas and their application

## **6. Structures**

### **6.1 R.C. Sections in Bending**

6.1.1 Under reinforced, over reinforced and balanced sections

6.1.2 Analysis of single and double reinforced rectangular sections

### **6.2 Shear and Bond for R.C. Sections**

6.2.1 Shear resistance of a R.C. section

6.2.2 Types of Shear reinforcement and their design

6.2.3 Determination of anchorage length

### **6.3 Design and Working System of R.C. Structures**

6.4.1 Singly and doubly reinforced rectangular beams

6.4.2 Simple one-way and two-way slabs

6.4.3 Axially loaded short and long columns

## **7. Building Construction Technology**

## **7.1 Foundations**

- 7.1.1 Subsoil exploration
- 7.1.2 Type and suitability of different foundations: Shallow, deep
- 7.1.3 Shoring and dewatering
- 7.1.4 Design of simple brick or stone masonry foundations

## **7.2 Walls**

- 7.2.1 Type and thickness of walls
- 7.2.2 Use of scaffolding

## **7.3 Damp Proofing**

- 7.3.1 Source of Dampness
- 7.3.2 Remedial measures for damp proofing

## **7.4 Concrete Technology**

- 7.4.1 Constituents of cement concrete
- 7.4.2 Grading of aggregates
- 7.4.3 Concrete mixes
- 7.4.4 Water cement ratio
- 7.4.5 Factors affecting strength of concrete
- 7.4.6 Form work
- 7.4.7 Curing

## **7.5 Wood work**

- 7.5.1 Frame and shutters of door and window
- 7.5.2 Timber construction of upper floors
- 7.5.3 Design and construction of stairs

## **7.6 Flooring and Finishing**

- 7.6.1 Floor finishes: brick, concrete, flagstone
- 7.6.2 Plastering

## **8. Water Supply and Sanitation Engineering**

### **8.1 General**

- 8.1.1 Objectives of water supply system
- 8.1.2 Source of water and its selection: gravity and artisan springs, shallow and deep wells; infiltration galleries

### **8.2 Gravity Water Supply System**

- 8.2.1 Design period
- 8.2.2 Determination of daily water demand
- 8.2.3 Determination of storage tank capacity
- 8.2.4 Selection of pipe
- 8.2.5 Pipe line design and hydraulic grade line

### **8.3 Design of Sewer**

- 8.3.1 Quantity of sanitary sewage
- 8.3.2 Maximum, Minimum and self cleaning velocity

### **8.4 Excreta Disposal and Unsewered Area**

- 8.4.1 Pit latrine
- 8.4.2 Design of septic tank

## **9 . Estimating and Costing**

### **9.1 General**

- 11.1.1 Main items of work

11.1.2 Units of measurement and payment of various items of work and material

11.1.3 Standard estimate formats of government offices

## **9.2 Rate Analysis**

11.2.1 Basic general knowledge on the use of rate analysis norms prepared by Ministry of Works and Transport and the district rates prescribed by district development committee

## **9.3 Specifications**

11.3.1 Interpretation of specifications

## **9.4 Valuation**

11.4.1 Methods of valuation

11.4.2 Basic general knowledge of standard formats used by commercial banks and NIDC for valuation

# **10. Construction Management**

## **10.1 Organization**

10.1.1 Need for organization

10.1.2 Responsibilities of a civil Sub- engineer

10.1.3 Relation between Owner, Contractor and Engineer

## **10.2 Site Management**

10.2.1 Preparation of site plan

10.2.2 Organizing labor

10.2.3 Measures to improve labor efficiency

10.2.4 Accident prevention

## **10.3 Procurement and Contract Procedure**

10.3.1 Contracts and its types

10.3.2 Departmental works and day-work

10.3.3 Preparation of tender document

10.3.4 Tender procedure

10.3.5 Contract agreement

10.3.6 Conditions of contract

10.3.7 Construction supervision

## **10.4 Accounts**

10.4.1 Administrative approval and technical sanction

10.4.2 Familiarity with standard account keeping formats used in governmental organizations

10.4.3 Muster roll

10.4.4 Completion report

## **10.5 Planning and Control**

10.5.1 Construction schedule

10.5.2 Equipment and materials schedule

10.5.3 Construction stages and operations

10.5.4 Bar chart

# **11. General information about legislations**

द.१ नेपालको संविधान (भाग १, २, ३, १७ र १८ तथा अनुसूचीहरू) (The Constitution of Nepal (From Parts 1, 2, 3, 17 & 18, and Schedules))

द.२ स्थानीय सरकार सञ्चालन ऐन, २०७४ मा पूर्वाधार विकास सम्बन्धी व्यवस्था (Local Government Operation Act, 2074(related to local infrastructures development )

द.३ ग्रामीण खानेपानी आयोजनाको दिगो व्यवस्थापन

द.४ वैज्ञानिक खानेपानी महशुल निर्धारण तथा संकलन

द.५ खानेपानी तथा सरसफाई निति, २०७१

### **प्रश्नपत्र योजना**

१. वस्तुगत प्रश्न : ५० प्रश्न × १ अंक = ५० अंक

### **२. विषयगत प्रश्न**

२.१ छोटो उत्तर आउने प्रश्न : ८ प्रश्न × ५ अंक = ४० अंक

२.२ लामो उत्तर आउने प्रश्न : १ प्रश्न × १ अंक = १० अंक

परिक्षा समय : २ घण्टा ३० मिनेट